



# 3 Lakes Golf Course

# 2022

6700 Saltsburg Rd. Pittsburgh, PA 15235 412.793.7111 www.3lakesgolf.com

## Summer Camp

Monday-Friday 9 am to 12:30 pm \$170/week ages 10-16

June 20-24, July 11-15, July 25-29, & August 15-19, 2022



Our half-day summer golf camp programs are designed to create interest and foster development in beginners and intermediate golfers. Enrollment is limited to 12 students per session. Each camper's week will include five hours of direct on-course instruction, as well as a half hour of group instruction each day. For a minimum of 2 hours each day, campers sharpen their skills on the course with experienced teaching professionals. A strong emphasis is placed on the fundamentals—stance, grip, posture, full swing, rules & etiquette. These simple real world golf techniques allow even the youngest of campers to enjoy the hands-on learning environment here at 3 Lakes. Outdoor games, indoor instruction and on-course discoveries are an integral part of the curriculum. As the week unfolds, campers receive quality short-game instruction and by Friday, each camper will see improvement in his or her golf game, have made new friends and feel confident with a golf club in their hand!



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- CAMPER PACKAGE INCLUDES: LUNCH EVERY DAY 3 LAKES GOLF COURSE HAT, GOLF CAMP WORKBOOK, & ART SUPPLIES TO A DESIGN HOLE IN A SAFE, HEALTHY AND FUN LEARNING ENVIRONMENT

Why golf? Here are my Top Ten reasons why kids should play golf.

Golf is a great way to:

- 10. Enjoy the outdoors:** Golf gives young people an opportunity to spend a few hours in fresh air, experiencing all types of flora and fauna.
- 9. Develop lifelong friendships:** You never know who you will meet on a golf course, and interaction with others allow young people to develop social skills.
- 8. Practice personal responsibility:** Sometimes the ball doesn't always bounce your way, but regardless of the outcome, there is no blaming your teammates for what happens.
- 7. Have a safe place to play:** The golf course is a safe place and facilitates mentoring relationships in a safe environment.
- 6. Learn to manage your emotions:** Golf closely parallels real life as one experiences the highs and lows of the game. The range of experience, from birdies to triple bogeys, rewards a young person's ability to keep each shot in perspective, manage one's emotions, maintain a positive outlook and focus on the shot at hand.
- 5. Appreciate diversity:** Golf is a game that can be played for a lifetime by anyone regardless of age, gender, ethnicity, size or skill level.
- 4. Prepare for business:** Golf is a sport that helps prepare kids and teens for careers in business and other professional arenas.
- 3. Learn etiquette:** Young people should play golf because it is based on characteristics that are too often missing in today's win-at-all-costs society. Golf places an emphasis on etiquette. In golf there is no judge or referee; instead, players govern themselves and fellow competitors.
- 2. Spend time with family:** Golf is a game that encourages family participation.
- 1. Develop healthy habits for life:** With the youth obesity epidemic in our country, golf is a sport that helps young people get off the couch. When you play golf, walking the golf course and carrying your bag, a 150-pound person burns 350 calories and walks more than 10,000 steps.

